

ALLEGHENY SOUTH
VOLLEYBALL CLUB

2006
PLAYER/PARENT
HANDBOOK

GENERAL MEETING
NOVEMBER 2, 2005 @ 6PM

TRYOUTS
NOVEMBER 9, 2005 @ 4-6PM
HIGH SCHOOL GYM

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Enclosures:

 Fund Raising Ideas

Welcome to the Allegheny South Volleyball Club, a member of the Junior Division of USA Volleyball. The purpose of this booklet is to familiarize parents and players with the club and to answer any questions you may have. If you need further information, please do not hesitate to contact a club director.

USA Volleyball (USAV) is volleyball's national governing body. USAV is associated with the U.S. Olympic Committee and is responsible for local, regional, national, and international volleyball competition.

For younger players, USAV sponsors teams that participate in the Olympic Festival, various international junior competitions, and the Junior Olympics, including the Junior Division of USA Volleyball Championship. The Allegheny South Volleyball Club is part of the Ohio Valley Region that includes, Ohio, West Virginia, and the bordering counties of Pennsylvania and is the second largest of 38 Regions in the nation.

The Allegheny South Volleyball Club program is committed to providing quality physical training and competition at the local and regional levels. This competitive athletic experience can enhance social development, contribute to mental and physical health, and teach the values of teamwork, responsibility, self-discipline, and motivation. Children and parents have the opportunity develop friendships that will last a lifetime.

As a club, we sincerely hope that by teaching the game's fundamentals, we will provide the solid foundation that will enable young people to not just play volleyball in school, but into adulthood as well. We believe that volleyball is truly a lifetime sport.

REGISTRATION AND ELIGIBILITY

The Junior Division of USA Volleyball has eight age groups 10, 12, 13, 14, 15, 16, 17, and 18 and under for 2006: Allegheny South will register teams in the any of the following age brackets:

- 18 & Under Division:** Players born on or after 9/1/87
- 17 & Under Division:** Players born on or after 9/1/88
- 16 & Under Division:** Players born on or after 9/1/89
- 15 & Under Division:** Players born on or after 9/1/90
- 14 & Under Division:** Players born on or after 9/1/91
- 13 & Under Division:** Players born on or after 9/1/92
- 12 & Under Division:** Players born on or after 9/1/93

TIME COMMITMENT

The 2006 season runs from November 2005 through May 2006, with practices beginning in November. Players will be expected to make a commitment to attend practices and competitions scheduled by the club. Advanced practice and competition schedules for the season will be given to each participant. It is expected that by having advanced schedule information the athletes and families can keep conflicts to a minimum. While each team may have a different tournament schedule, each will have the same practice schedule. Each participant will receive quality practice time during the week with competitions held on the weekends.

TOURNAMENTS

USAV Tournaments are generally played on Saturdays or Sundays and last the entire day. However, for the older team there will be two overnight tournaments which will be a combination of two or three days (Fri/Sat or Sat/Sun or Sat/Sun/Mon). Pool play generally begins around 8:30 A.M. with the finals held in early evening.

FINANCIAL COMMITMENT

Each player is required to pay a membership fee while she participates. Various expense factors will effect the cost. There is no guarantee there will not be increases due to circumstances beyond the club's control. The fee covers the cost of equipment, uniforms, USAV membership fees, team travel, coaching salaries and miscellaneous items (including any extra items wanted by the players, ex: sweats, warm-ups, bags). Beginning in December, you will receive monthly financial statements updating your daughter's account. **It is possible that the entire club experience can be paid for through fund raising.** All fund raising ideas need to be directed to Julie Howe for approval prior to raising funds for your child using the Allegheny South Volleyball Club name.

UNIFORMS AND EQUIPMENT

All uniforms and equipment must be purchased through the club to insure the best availability and price. The program supplies 2 shirts, 2 pairs of socks, volleyballs and net systems. Players will also receive a USA Volleyball membership card.

TEAM SELECTION

Teams will be selected by the Directors of ASVBC and coaching staff as soon as possible after the tryout date. Players may be moved up or down at the coaching staff's discretion, depending on age of course. Any player moving to another team will have their budget adjusted accordingly.

COLLEGIATE VOLLEYBALL INFORMATION

It is assumed that some of the players in the program hope to play college volleyball. Players will be given the opportunity to be seen by college coaches as we feel club play is the most important tool for securing a chance to compete intercollegiately, particularly for those hoping to earn athletic scholarships. We believe that part of the club's responsibility is to assist your daughter in locating and getting college volleyball scholarships. The club's most important service will be in helping your daughter make realistic choices to increase her chances of being able to play on a collegiate squad. There will be no attempt to influence the player's decision towards a particular school at any time. Players will be given Letters of Recommendation upon request. Collegiate coaches within the program are required to follow official NCAA guidelines in recruiting our athletes.

COMMUNICATION

This club program is for the players. Emphasis is placed on good sportsmanship, teamwork, self-control, and having fun. If there is a problem with your daughter and a coach, we encourage you to let your daughter address the issue with her coach. If the problem continues, we recommend that you then contact her coach to resolve the matter.

CHAPERONES

The chaperone applies only to the older team, who will be attending out-of-town tournaments. Chaperones are required by USA Volleyball at all nationally sanctioned tournaments. Chaperones are required to stay with the teams for the duration of the tournament. This includes traveling with the team to matches, accompanying them during meals, and generally being responsible for the girl's safety and welfare. The club will provide lodging for the chaperone. The Club Director will coordinate chaperones.

FUND RAISING POLICIES

Again, fund raising can offset all or part of your daughter's club expense. This requires a commitment of time and energy by both the parent and the athlete. The Fund Raising Coordinator will administer all activities designed to solicit funds using the Allegheny South Volleyball Club name. Any parent willing to coordinate a fundraiser may do so with club approval. They will be responsible for all information and products, collect and account for all monies related to the event and report the results to the Fundraising Coordinator.

The following applies to all fund raising activities sanctioned by the club:

- A proposal for the fund raising activity must be submitted to the fundraising coordinator and Club Director for approval.
- All profit from the fund raising activity must be turned over to the club. The money will then be credited to each player's individual account after the fundraiser is completed.

Any excess funds that have been accumulated and raised through club sanctioned fund raising projects will remain in the club treasury. **There will be no refunds of excess fund raising monies.** However, if your daughter is a member of ASVBC the following year, her excess funds may be carried over.

FOR PARENTS

Please focus on your daughter's improvement, hustle, and desire. Let the coaches focus on her volleyball skill and performance. Be supportive! Let the analysis of your daughter's performance come from her coach, which is what the coaches are trained to do. The value of athletics is the opportunity for self-improvement. As discussed earlier, communicate any concerns you have to your daughter's coaches.

Have fun and enjoy the Allegheny South Volleyball Club experience with your daughter and the other club parents!

ORGANIZATION & CORRESPONDENCE

Karla Schooley – Club Director and Coach

Karla is a current assistant coach with the South Fayette High School Volleyball Team. She is a graduate of Robert Morris University where she played on their team for four years.

Contact Info: Address:

Julie Howe – Club Fund Raising Coordinator and Coach

Julie has been an assistant coach with the Lady Lions Volleyball Team for the past four years. She has also coached for the Pittsburgh Elite Junior Olympic Club.

Contact Info: Address: 1664 McFarland Rd.
Pittsburgh, Pa 15216

E-Mail: juliana.howe@pittsburghpirates.com or julz1763@aol.com

Home phone: 412-561-5854

Cell phone: 724-244-6503

Gretchen Hess – Coach

Gretchen has completed her first year as an assistant coach for the South Fayette Lions. She has formerly coached Canon MacMillan's boys' team. She is a graduate of John Carroll University in Ohio where she played for four years.

Contact Info: Address:

CLUB ADDRESS:

WEBSITE: www.southfayette.org/athletics/sports/volleyball/asvbc.htm

Check website for updates and tournament directions.

PAYMENT RESPONSIBILITIES

Make checks or money orders payable to the “Allegheny South Volleyball Club” and mail all monthly payments, to be received no later than the 15th of each month, directly to:

Karla Schooley

Payments must be made on a timely basis in order for the club to function properly. Athletes will not participate when they have not made their installments payment.

Additionally, a \$10.00 late fee will be charged if the payment is not received by the due date. If a personal check is returned for non-sufficient funds, the amount will be deducted from the player's account, the NSF check will be returned to the player/parents, and the parents will be charged a \$25.00 bank fee that will be added to the next month's statement.

Again, please include your daughter's name and age group on all correspondence. This is especially important to include on a check. Please note the following examples:

Age Group and Athletes Full Name
18 – Sally Jones John A. Jones 124 Main St. Pittsburgh, PA 15222
December 8, 2005
Pay to the order of <u>Allegheny South Volleyball Club</u> _____ Dollars \$225.00
Memo <u>December Payment</u>
Reason for check