



## Sports Physicals Frequently Asked Questions

1. How is the new physical requirement different from the one previously used?

Under the previous system, student athletes were required to obtain a physical and it was good for one calendar year.

Under the new system, a student can get one physical per school year and it counts for all of the sports they participate in. Example: A student who receives a physical in July, 2009 meets all medical requirements, except otherwise noted for injury (providing he/she indicates sports on the form), for the 2009-2010 school year. The physical must be dated after June 1, 2009.

2. What is different about the requirements for this physical compared to the previous system?

The new physical is expected to be a “comprehensive physical,” completed by the student athlete’s primary care physician, thereby creating a situation in which the student athlete’s personal medical history any other special conditions otherwise unknown by a school district physician can be taken into account. Physicals must be dated after June 1, 2009.

3. For what period of time is the comprehensive physical applicable?”

Under the new system the comprehensive physical is sufficient for the 2009-2010 school year only. All physicals must be after June 1, 2009.

4. Are there any circumstances that would require more than one physical or additional physician’s consent the 2009-2010 season?

Yes, under any combination of one or more of the following circumstances, the PIAA requires a physician re-certification:

- a. The student athlete suffers an illness or injury which prohibits participation in 25% or more of the regular season contests of the immediately preceding sports season
- b. The student athlete suffers an illness or injury which results in 10 or more days absent from school
- c. The student athlete suffers an illness or injury, which requires surgery.

Additionally, the school district may require a physician's re-certification if the student athlete suffers an illness or injury outside of the season i.e. summer, club sports, etc. that debilitate him/her for a period of time.

In the event that any combination of one or more of these circumstances occurs, the PIAA Re-Certification by Parent/Guardian as well as the PIAA Re-Certification by Physician must be completed.

5. By what date must the comprehensive physical exams be completed and information submitted?

The athletic department will be providing deadlines for submission of all forms. This information will also be posted on the school district website under athletics. ([www.southfayette.org](http://www.southfayette.org))

6. Section two contains a long list of sports. Does South Fayette offer all of these sports?

No. South Fayette School District offers the following sports:

*(Listed alphabetically as on the PIAA form)*

Baseball (Spring)  
Basketball (Winter)  
Cross Country (Fall)  
Football (Fall)  
Golf (Fall)  
Soccer (Fall) – boys and girls – SFHS does not have a spring girls' team  
Softball (Spring)  
Swimming and Diving  
Tennis – girls (Fall) w/Fort Cherry  
Tennis – boys (Spring) w/Fort Cherry  
Track & Field (Spring)  
Volleyball – Girls (Fall)  
Wrestling (Winter)

7. What if I misplace the forms?

Additional forms are available in the South Fayette High School Athletic Office or may be downloaded from the school district website: [www.southfayette.org/athletics](http://www.southfayette.org/athletics)

For any other questions or concerns, please contact the South Fayette High School Athletic Office at 412.221.4542 extension 240 or by email at [demnyan@southfayette.org](mailto:demnyan@southfayette.org) or [farkas@southfayette.org](mailto:farkas@southfayette.org).