

## **BASIC GUIDELINES TO DISCIPLINE:**

1. do not hit
2. do not embarrass, humiliate, ridicule
3. remove child from the center of attention; do not discipline in front of others
4. do not think you will convince the child to see it your way
5. do not get caught in power struggle, that is, don't keep upping the consequence (threat) trying to overwhelm the child with your power and authority
6. toddlers need consequences carried out quickly; kids who can remember yesterday can wait until later
7. do not threaten something you will not enforce or causes you too much inconvenience; some inconvenience is to be expected
8. Act like a leader, not a friend. You can be friends when your child grows up.