

## COVID-19 Information for Faculty and Staff:

### Return to Work Following Illness

What happens if I have symptoms at home or I become sick during the school day?

- If your symptom(s) meets the criteria listed below, do not come to work and report your absence, by following the established call-off procedures. Please review the sections below and call your healthcare provider.
- If your symptom(s) meets the criteria listed below while you are at work, you should let your immediate supervisor and your school nurse know and you should call your healthcare provider.
- It is strongly encouraged that you collaborate with your healthcare provider. Your return to work must ultimately ensure the health and safety of your work environment.

### When would I need a COVID-19 test?

If you have ANY ONE of these symptoms, you LIKELY NEED A COVID-19 TEST.

Call your healthcare provider for medical advice and possible office or telehealth visit. Please inform your immediate supervisor. You may reach out to your building nurse, if applicable or the district lead nurse for any additional questions or concerns.

Cough (new)

Shortness of breath or difficulty breathing

Loss of taste (new)

Loss of smell (new)

Elevated temperature alone (100.4 degrees or greater)

If you have TWO OR MORE of these symptoms, you MIGHT NEED A COVID-19 TEST. Please call your healthcare provider for medical advice and possible office or telehealth visit. Please inform your immediate supervisor. You may reach out to your building nurse, if applicable or the district lead nurse for any additional questions or concern

Temperature of 100 degrees or greater

Chills

Muscle or body aches

Headache

Sore throat

Tiredness or fatigue

Congestion or runny nose

Nausea or vomiting

Diarrhea

ES Nurse: Kara Miles [klmiles@southfayette.org](mailto:klmiles@southfayette.org) 412-221-4542 x 333 (Lead Nurse)

IS Nurse: Raynee Young [lsyoung@southfayette.org](mailto:lsyoung@southfayette.org) 412-221-4542 x 320

MS Nurse: Misty Menarcheck [mimenarcheck@southfayette.org](mailto:mimenarcheck@southfayette.org) 412-221-4542 x 259

HS Nurse: Penny Miller [mpmiller@southfayette.org](mailto:mpmiller@southfayette.org) 412-221-4542 x 223

**WHEN CAN I RETURN TO WORK AFTER AN ILLNESS?  
CHECKLIST FOR FACULTY AND STAFF:**

One of the following 5 items need to occur prior to your return to work.

1. If COVID Testing was completed and negative:
  - Stay home until test results are complete and you have reviewed the negative results with your doctor AND
  - Your doctor has written a note to allow your return to return to work AND
  - You are fever free for 24 hours and symptoms resolving, even with a negative test result. Temperature must be less than 100 degrees, without any fever reducing medications, such as Tylenol or Motrin.

-----OR-----

2. If your doctor has evaluated you and documented an alternative diagnosis and written a note for you to return to work.

-----OR-----

3. If you had any symptoms in the first section and/or two or more symptoms in the second section and COVID-19 Testing was NOT done and have no written MD note and all of the following are true:
  - 10 days have passed since the onset of symptoms AND
  - Temperature is less than 100 degrees for at least 24 hours (without medication) AND
  - You have felt better for at least 24 hours (symptoms are improved or gone).

-----OR-----

4. If you had only one symptom in the second section and did NOT have a COVID test, you can return to work when:
  - You have a temperature of less than 100 degrees for at least 24 hours (without use of fever reducing medication, such as Tylenol or Motrin) AND
  - You have felt better for at least 24 hours (symptoms are improved or gone).

-----OR-----

5. If you had a positive COVID test, please call your building nurse or the district lead nurse to discuss the isolation period and the return to work process. The district nurses can help you and your family navigate this situation. Please inform your immediate supervisor and discuss your positive result with your healthcare provider.

Please contact Victoria Adams at ext 405 and Brian Tony at ext 406 regarding Human Resource questions.