

COVID-19 Information for Families:

Return to School Following Illness

What happens if my child has symptoms at home or gets sick in school?

- If your child has any of the symptoms listed below, keep them home from school and report their absence. Please review the charts below and call your child's healthcare provider.
- If your child's symptom(s) meet the criteria listed below while at school, they will be moved to an area set up specifically for students not feeling well and you will be called to come pick up your child as soon as possible. You should call your child's health care provider.
- It is strongly encouraged that the parents collaborate with the child's healthcare provider and the school nurse about when their child can return to school. These decisions must ultimately ensure the health and safety of your child's school and community.

When does my child need a COVID-19 test?

If your child has ANY ONE of these symptoms, they likely NEED A COVID-19 TEST. Call your child's healthcare provider for medical advice and possible office or telehealth visit. Communicate the plan with your child's school nurse.

Cough (new)

Shortness of breath or difficulty breathing

Loss of taste (new)

Loss of smell (new)

Elevated temperature alone (100.4 degrees or greater)

If your child has two or more of these symptoms, they MIGHT NEED A COVID-19 TEST. Please call your child's healthcare provider for medical advice and possible office or telehealth visit. Communicate the plan with your child's school nurse.

Temperature of 100 degrees or greater

Chills

Muscle or body aches

Headache

Sore throat

Tiredness or fatigue

Congestion or runny nose

Nausea or vomiting or diarrhea

WHEN CAN MY CHILD RETURN TO SCHOOL AFTER AN ILLNESS?

CHECKLIST FOR PARENTS

One of the following 5 items need to occur prior to your child attending school.

1. If COVID Testing was completed and negative:

- **Keep your child home until test results are complete and you have reviewed the negative results with your child's doctor AND**
- **Your child's doctor has written a note to allow your child to return to school AND**
- **Your child is fever free for 24 hours and symptoms resolving, even with a negative test result. Temperature must be less than 100 degrees, without any fever reducing medications, such as Tylenol or Motrin.**

-----OR-----

2. If your child's doctor has evaluated your child and documented an alternative diagnosis and written a note for your child to return to school.

-----OR-----

3. If your child had any symptoms in the first section and/or two or more symptoms in the second section and COVID-19 Testing was NOT done and has no written MD note and all of the following are true:

- **10 days have passed since the onset of symptoms AND**
- **Temperature is less than 100 degrees for at least 24 hours (without medication) AND**
- **Your child has felt better for at least 24 hours (symptoms are improved or gone).**

-----OR-----

4. If your child had only one symptom in the second section and did NOT have a COVID test, they can return to school when:

- **Your child has a temperature of less than 100 degrees for at least 24 hours (without use of fever reducing medication, such as Tylenol or Motrin) AND**
- **Your child has felt better for at least 24 hours (symptoms are improved or gone).**

-----OR-----

5. If your child had a positive COVID test, please call your child's school nurse to discuss the isolation period and the return to school process.

Your child's school nurse can help you and your family navigate this situation. Please inform your child's healthcare provider of the positive result.

ES Nurse: Kara Miles klmiles@southfayette.org 412-221-4542 x 333

IS Nurse: Raynee Young ryoung@southfayette.org 412-221-4542 x 320

MS Nurse: Misty Menarcheck mlmenarcheck@southfayette.org 412-221-4542 x 259

HS Nurse: Penny Miller mpmiller@southfayette.org 412-221-4542 x 223

(Adapted from PA Department of Health and Vermont Department of Health, in accordance with South Fayette Township School District Health and Safety Plan)