



Tricia Wood, MSLBE, BS, DTR, SNS, CSNC, CSCS

Tricia Wood is the Director of Food & Nutritional Services at South Fayette School District. She has been a resident of South Fayette Twp for the past 30 years. Her two young adults attended SF from preschool and are currently serving as an Engineer (age 27 son) and a Registered Nurse (age 30 daughter). Wood oversees our elementary school cafeteria, two full service food courts in the middle and high school and the athletic facility overseeing concessions. She directs over 34 staff members, the food service budget, and excels in the HACCP implementation training program that ensures food safety for all involved. To date, our food service department has won over 340 Diamond Awards and 3 City of Pittsburgh Awards from the Allegheny County Health Department and Food Advisory Board for food safety and HACCP implementation.

Wood serves on the district's leadership team and enjoys working with the other administrators, staff, students and parents to provide nutritional services for the district. Currently, she is working with parents and school nurses to implement special needs menus such as gluten free, diabetic options and new meatless meals such as a hummus and yogurt/cheese meal to satisfy the palettes of our diverse population. She is presently working on the US Healthy School Challenge – showcasing her Middle School Food Court.

Wood has earned the title of “**2014 Director of the Year**” from the School Nutritional Association of PA and “**2014 Outstanding Dietetic Technician of the Year**” from the Pennsylvania Academy of Nutrition & Dietetics. She was also selected by the Mid-Atlantic Dairy Association as “**Trendsetter of the Year**” in 2011 selected from the Mid-Atlantic States. Wood was selected by Jared Fogel (Subway) for serving the healthiest lunches, veggies and fruits in a Middle School – Wood had the opportunity to represent South Fayette by appearing on a television commercial with Jared that aired for approximately two weeks.

Tricia began her career in dietetic at Allegheny General Hospital. She has over 20 years of management experience both in the private sector and school nutritional services. She has been employed as the Director of Food & Nutritional Services at South Fayette for the past 13 years.

Wood is equipped with a graduate degree from Duquesne University - a Master’s Degree in Leadership and Global Business Ethics and a Bachelor of Science in Business and IT from California University of PA. She is also a Registered Dietetic Technician (DTR) which allows her to work closely with our families regarding special needs to complete nutritional analysis of her menu.

As a life-long learner, Wood holds her National Accreditation as a School Nutritional Specialists from the School Nutrition Association (SNA)(Level 3) – Wood is one of the 900 out of the 85,000 members to successfully pass this certification. Wood recently completed her AFPA (American Fitness Professional Associates) Certified Sports Nutrition Consultant Accreditation and also is certified as a Sports Conditioning Specialist.

Tricia is a member of the American Dietetic Association, Pennsylvania Dietetic Association, Pittsburgh Regional Food Service Directors Associations (PRFSD), School Nutrition Association (SNA) and serves as a Director for CCAC Dietary Department. She serves on the UPMC Diversity and Respect campaign and serves as chairman on the UPMC – 8<sup>th</sup> Grade Initiative – TIP #28 Wellness and Health.