South Fayette Twp Middle School  
School Year 2019 2020

Monday:  Choice of Assorted Large Muffin with fruit (2) or fruit & Juice, and Milk  
OR  
Choice of Assorted Cereal with small loaf, fruit (2), or fruit & Juice, and Milk  
(Up to 2 fruit daily or a fruit and juice)

Tuesday:  Choice of Assorted Cereal with small mini loaf, fruit (2), fruit & Juice and Milk  
OR  
Flap stick, syrup, fruit (2) or fruit & juice and Milk  
(Up to 2 fruits daily or fruit and juice)

Wednesday:  Choice of Toasted Bagel sandwich with egg patty and cheese, fruit (2), or fruit & Juice and Milk  
OR  
Choice of Assorted Cereal with small mini loaf, fruit (2), or fruit & Juice and Milk  
(Up to 2 fruits daily or a fruit and juice)

Thursday:  Choice of Assorted Cereal with small mini loaf, fruit (2), or Fruit & Juice, and Milk  
OR  
Package of Assorted Breakfast donuts (51%WG) with fruit (up to 2), or fruit & Juice, and Milk  
(Up to 2 fruits daily or a fruit and juice)

Friday:  Frozen Yogurt Parfait /Smoothie made with fresh fruit  
Or Mini Pillsbury Pancakes (Blueberry or Maple syrup flavored) Fruit (2), or Fruit & Juice, and Milk  
(up to 2 fruit or a fruit and juice)  
OR Choice of Assorted Cereal with small mini loaf, fruit (2), or Fruit & Juice, and Milk

Price is $1.30 for breakfast  
Reduced qualifying students pay .30 cents  
Students must take at least one half cup fruit or juice to qualify for a reimbursable breakfast

Breakfast Meal Pattern:  2 Grains, 1 cup of fruit (we offer two ½ cup) therefore, students are entitled to take two (1/2 cup) fruits or 1 fruit and 1 juice.  (Students must take at least one half cup fruit in order to qualify for a reimbursable meal) breakfast comes with 8oz fluid milk.
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(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

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